

Disclosure Wheel Scenarios

Using a scale of 0 (not at all comfortable) to 6 (extremely comfortable), rate how comfortable you'd personally feel taking each of these approaches in the following situations. You don't need to rank them – you might be just as comfortable with one approach as another, or with combining approaches. Notice how you feel as you answer these questions, too!

1. Another parent at your son's school shares with you during a PTA meeting break that one of the other fathers has HIV. How comfortable would you feel with each of the following approaches?
 - a. Approach him after the meeting about what you heard and offer your support. _____
 - b. Approach him after the meeting and vaguely mention your own CAB work, but leave it at that. _____
 - c. Call him privately after the meeting to tell him what you heard and offer your support. _____
 - d. Talk to the parent you heard it from about issues of disclosure and privacy. _____
 - e. Say nothing to the parent, but discuss it with your fellow CAB members at your next site CAB meeting. _____
 - f. Decide not to act. _____

2. A child who is over at your house to visit your daughter tells you his mother has HIV. How comfortable would you feel with each of the following approaches?
 - a. Talk with the child about privacy. _____
 - b. Reach out to the mother directly and let her know what you heard from her child. _____
 - c. Invite the mother to be part of the CAB at your site. _____
 - d. Say nothing to the mother, but discuss it with your fellow CAB members at your next site CAB meeting. _____
 - e. Decide not to act. _____

3. You're chatting with a friend you are very close with but who doesn't know about your HIV. He makes an offhand hurtful comment about people with HIV. How comfortable would you feel with each of the following approaches?
 - a. Correct the misinformation in his statement. _____
 - b. Tell your friend about your HIV status. _____
 - c. Say nothing to your friend, but discuss the situation at your next site CAB meeting. _____
 - d. Decide not to act. _____

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4. You look on the laptop you share with your 13 year-old son and discover that he has Googled the names of your medications. He hasn't approached you about your HIV. How comfortable would you feel with each of the following approaches?
- a. Approach your son and ask if he has any questions for you. _____
 - b. Approach your son, tell him what you found on the computer, and ask if he has any questions for you. _____
 - c. Disclose your status to your son without telling him that you found his Google search. _____
 - d. Say nothing to your son, but discuss it with your fellow CAB members at your next site CAB meeting. _____
 - e. Decide not to act. _____
5. You go in for a routine doctor's appointment and have your 8 year-old daughter with you, who doesn't know about your HIV status. The doctor asks you how your HIV management is going in front of your daughter. How comfortable would you feel with each of the following approaches?
- a. Ask the doctor to step outside and tell her that your daughter doesn't know about your HIV. _____
 - b. Report the doctor to the hospital without addressing it with her. _____
 - c. Tell your daughter that the doctor made a mistake. _____
 - d. Tell your daughter about your HIV status. _____
 - e. Say nothing to your daughter, but discuss the situation at your next site CAB meeting. _____
 - f. Decide not to act. _____
6. You request a meeting with your boss to request time off for PHACS study visits. She doesn't know about your HIV status and is confused about why you need so much time off. How comfortable would you feel with each of the following approaches?
- a. Tell her you are part of a general large study for adult health. _____
 - b. Tell her you are part of a large study for adults with a health condition you'd rather not disclose. _____
 - c. Tell her you are part of a large study for adults and children living with HIV. _____
 - d. Ask your boss if you can discuss it with her at a later date, and then discuss the situation at your next site CAB meeting. _____
 - e. Decide not to act. _____